



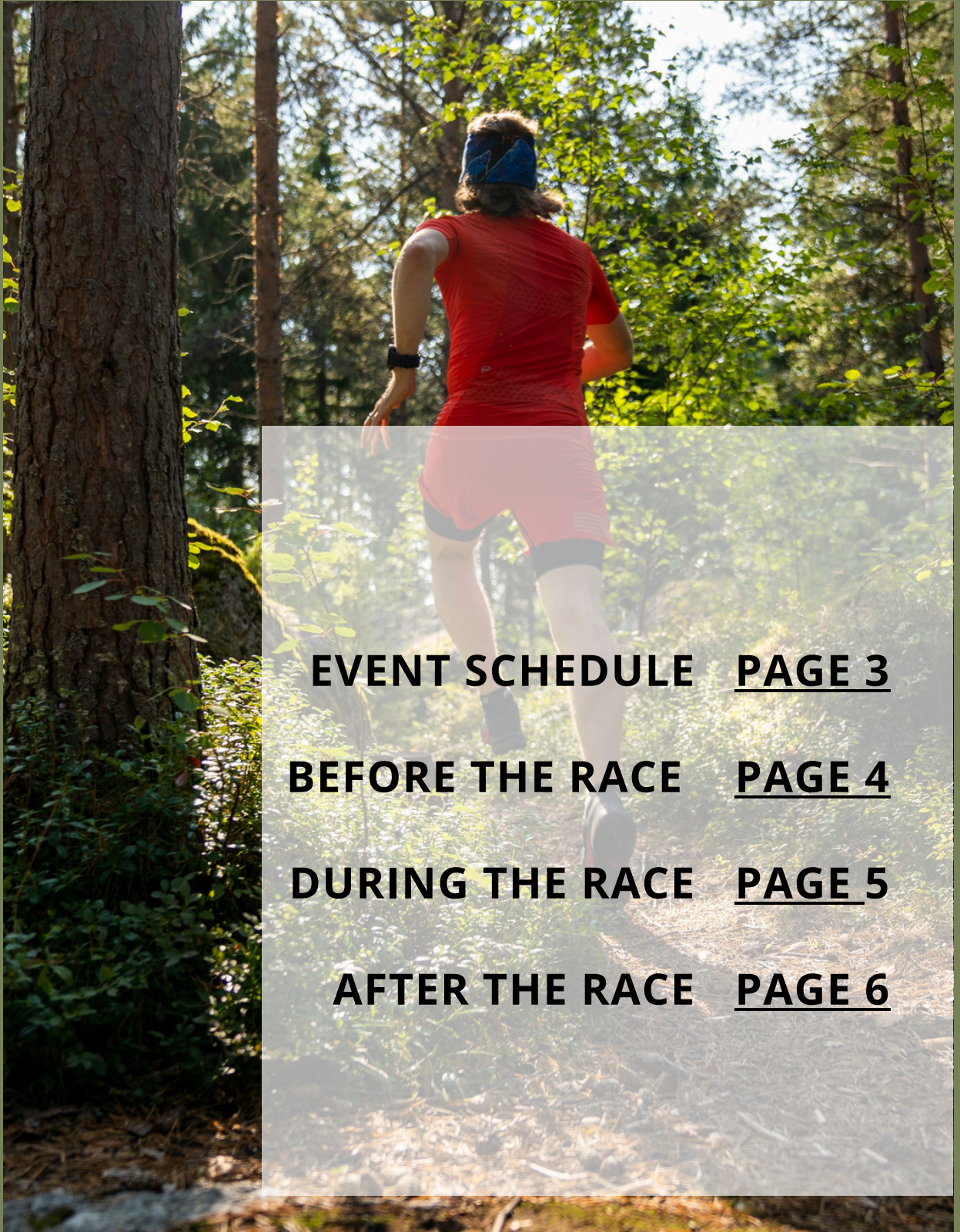
# SOMERSET

MULTISPORT FESTIVAL

# 2024 COMPETITOR GUIDE



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# EVENT SCHEDULE

## **SATURDAY 12 OCTOBER 2024**

6:30AM - CHECK-IN & TRANSITION OPENS

7:30AM- ROAD CLOSURES START\*

7:30AM - SHORT ROAD TRIATHLON CHECK-IN CLOSES

7:45AM - SHORT ROAD TRIATHLON TRANSITION CLOSES

8:00AM - SHORT ROAD TRIATHLON START

8:30AM - GRAVEL SPRINT TRIATHLON CHECK-IN CLOSES

8:45AM - GRAVEL SPRINT TRIATHLON TRANSITION CLOSES

9:00AM - GRAVEL SPRINT TRIATHLON START

11:00AM - PRESENTATION

1:30PM - KIDS AQUATHLON CHECK-IN OPENS

3:00PM - KIDS AQUATHLON START

4:00PM: ROADS OPEN

## **SUNDAY 13 OCTOBER 2024**

5:30AM - CHECK-IN OPENS

6:30AM - ROAD CLOSURES START\*

6:30AM - 21KM TRAIL RUN CHECK-IN CLOSES

7:00AM - 21KM TRAIL RUN START

7:00AM - 5KM TRAIL RUN CHECK-IN CLOSES

7:30AM - 5KM TRAIL RUN START

11:00AM - PRESENTATION

11:00PM: ROADS OPEN

\* ROADS CLOSED:

FIG TREE ROAD AND LOGAN INLET ROAD WIVENHOE HIL, AND PARTS OF SHEEPSTATION INLET ROAD.



# BEFORE THE RACE

## WHAT YOU NEED TO KNOW BEFORE RACE DAY

### COURSE MAPS

Triathlon course maps can be found [here](#).  
Run course maps can be found [here](#).

### PARKING

Parking is located near the start line at the Logan Inlet Day Use Area

### REGISTRATION

Please check-in at registration and pick up your timing chip which must be returned at the end of the race. The timing chip must be worn on your left ankle.

Please bring ID or a copy of your race confirmation.

### TRANSITION

Transition is open from 6:30am and will close at 7:45am for the short road triathlon and 8:45am for the gravel sprint triathlon.

Please present your bike and helmet for inspection by TA Officials prior to racking your bike. TA Officials will be located at the entry to the transition area.

### BODY MARKING

Please do not lube up with body oil until after you have been numbered by one of our volunteers

You must mark the back of both legs, both arms and the back of one hand if wearing a wetsuit.



### BAG DROP

There will be a bag drop area at the event precinct where you can leave your belongings. Bag drop will open from 6:30am.

### WETSUITS

For open water swimming competitions in water with water temperature below 20C, swimmers may use either swimsuits or wetsuits. When the water temperature is below 18C, the use of wetsuits is compulsory.

If the water temperature is greater than 20C then you may wear a wetsuit but you will not be eligible to win prizes.

### TOILETS

Public toilets are located near the start line at the Logan Inlet Day Use Area

# DURING THE RACE

INFORMATION YOU WILL NEED DURING THE RACE & ON THE COURSE

## ON COURSE NUTRITION

On course nutrition will be provided by our nutrition partner [Infinet Nutrition](#)

Aid station information for the triathlon events can be found on the [course maps](#).

Aid station information for the running events can be found on the [course maps](#).



## CUT OFF TIMES

There is no cut off time for the short road triathlon, the kids aquathlon or the 5km run.

The cut off times for the Gravel Sprint triathlon are:

Cycle cut off time – 10:30am

Run cut off time – 11:30am

The cut off time for the 21km run is 10:30am

## TIMING

All races will be timed by an electronic timing system. You must ensure your race bib is worn during the run leg of the race and face forward so your number is clearly visible. You must leave the timing chip and race bib on until you finish the entire course.

If you do not finish the race it is your responsibility to advise Officials so we know you have withdrawn.

You must return the timing chip after the finish of the race to avoid a \$110 lost timing chip charge



## SAFETY MEASURES IN THE SWIM

Surf Lifesaving Queensland will provide water safety. If you require assistance, please raise your hand/arm to alert water safety officials who will come to your aid or swim into the beach if you are able.

## MEDICAL

All races will be timed by an electronic timing system. You must ensure your race bib is worn during the run leg of the race and face forward so your number is clearly visible. You must leave the timing chip and race bib on until you finish the entire course.

If you do not finish the race it is your responsibility to advise Officials so we know you have withdrawn.

You must return the timing chip after the finish of the race to avoid a \$20 lost timing chip charge

## RACE RULES

You can visit the [World Triathlon](#) website and the [Aus Triathlon](#) website for this information.

# AFTER THE RACE

## IMPORTANT INFORMATION & WHAT TO EXPECT AFTER THE RACE

### FINISHERS MEDAL

All participants will receive a finishers medal when they cross the finish line.

### RACE RESULTS

You will find full race results here:

[RESULTS](#)



### PRESENTATIONS

Presentation for the overall podium placegetters in the triathlon and trail run events will be held at 11:00am each morning.

### SOCIAL MEDIA

We love seeing your lead up and race day snaps on social media. Don't forget to tag us on [Facebook](#) and [Instagram](#).

